

**FIND BY LOOKING FOR THE  
CALL NUMBER LISTED ON THE  
2ND FLOOR OF THE LIBRARY**

**Research to Empower:  
A Vibrant Guidebook  
for Young Students  
by Grace Chenxin Liu**

We live in an era where learning research techniques and processes is needed more than ever to differentiate between true and false statements. Most importantly, it empowers young people to pursue their interests, solve crucial problems, and master a set of essential, irreplaceable skills like critical reasoning, in-depth thinking, and communication.

CALL NUMBER: YA 001.4 LIU

**Choosing College:  
How to make Better  
Learning Decisions  
throughout your Life  
by Michael B. Horn &  
Robert Moesta**

This book is about addressing the college-choosing problem. The rankings, metrics, analytics, college visits, and advice that we use are out of step with the progress individual students are trying to make. This book strips away the noise to help you understand why you're going to school. What's driving you? What are you trying to accomplish?

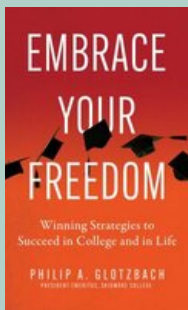
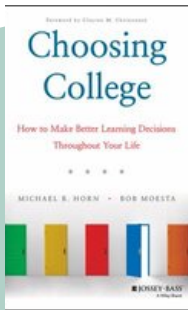
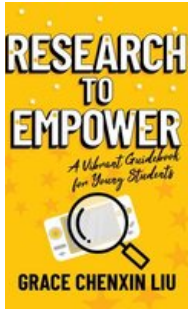
CALL NUMBER: YA 378.161 HORN

**Embrace your Freedom:  
Winning Strategies to  
Succeed in College  
and in Life**

**by Philip A. Glotzbach**

This book highlights the skills students need to thrive and challenges them to understand and embrace their new level of freedom, take charge of their well-being, to balance work and play, take good risks, learn from failure, and prepare to claim their place as informed and responsible citizens. Although these goals can feel overwhelming for any student, achieving them establishes core values that define a purposeful and powerful undergraduate experience.

CALL NUMBER: YA 378.198 GLOT

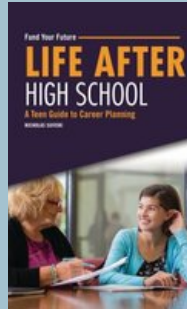


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**Life After High School:  
A Teen Guide to  
Career Planning  
by Nicholas Suivski**

For most teens, graduating from high school feels like a finish line. Filled with practical advice about preparing for the future now, deciding whether or not to pursue post-high school education, paying for college or career training, and setting goals along the way to make the journey easier, this book covers career planning, the cost of education, and how to approach the future with a mindset that will set you on the right path.

CALL NUMBER: YA 650.14 SUIV



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LAST UPDATED: 2025



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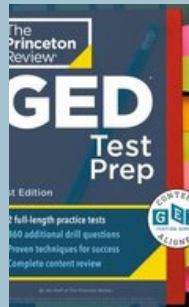
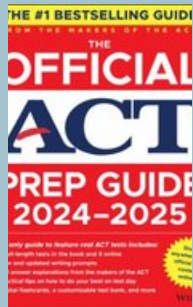
**TEEN  
NON-FICTION**



**College  
Prep &  
Life Skills**

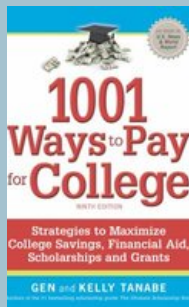
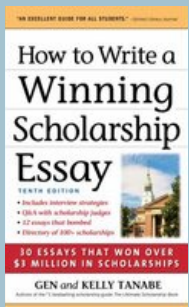
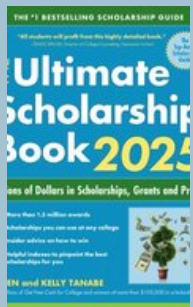
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### TEST PREP\*



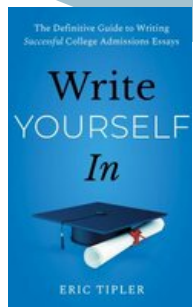
LOCATED IN THE TEST BOOK COLLECTION  
CALL NUMBER: 373.166 (ACT & SAT) AND 373.126 (GED)

## SCHOLARSHIPS & FINANCIAL AID\*



CALL NUMBER: 378.34-378.38 (SCHOLARSHIPS) AND 378.3 (FINANCIAL AID)

## COLLEGE APPLICATION SUPPORT



CALL NUMBER: 378.1 (APPLICATION SUPPORT)

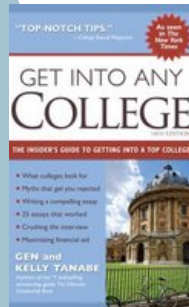
**Write Yourself In: The Definitive Guide to Writing Successful College Admissions Essays**  
by Eric Tipler  
CALL NUMBER: 378.161 TIPL

**The Best 390 Colleges\***  
by Robert Franek  
CALL NUMBER: 378.73 FRAN

**Hacking Elite College Admissions: 50 Surprising Insights on the College Application Process**  
by Gaelle Pierre-Louis  
CALL NUMBER: 378.105 PIER

\*MATERIALS ARE UPDATED ANNUALLY.

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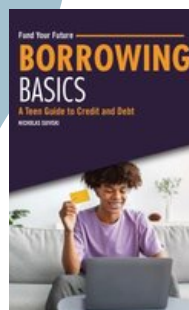


### Get into any College: The Insider's Guide to Getting into a Top College

by Gen & Kelly Tanabe

Based on the real-life experiences of students who were admitted to the United States' most prestigious universities, this guide provides proven strategies to get into and pay for your college and details what high school students (from freshmen to seniors) can do to prepare.

CALL NUMBER: YA 378.161 TANA

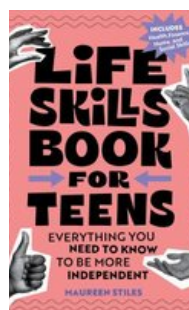


### Borrowing Basics: A Teen Guide to Credit and Debt

by Nicholas Suivski

Knowing the ins and outs of borrowing money and establishing credit is not just an important skill for adults. Teens can benefit from understanding how debt works too, from applying for financing to buy a car to getting a loan to pay for college.

CALL NUMBER: YA 332.7 SUIV



### Life Skills Book for Teens: Everything you need to know to be more Independent

by Maureen Stiles

This essential life skills book shows you how to live independently and feel in charge of your own life! It includes straightforward advice for handling your money, health, home, relationships, and more so you can take on adulthood with confidence.

CALL NUMBER: YA 640 STIL



### The Emotionally Intelligent Teen: Skills to help you Deal with what you Feel, Build Stronger Relationships & Boost Self-Confidence

by Melanie McNally, PsyD

Understand the connection between your emotions and your behavior, learn how to stay calm during stressful or anxiety provoking situations, and discover tips to help you manage conflict with your friends, family, teachers, or anyone in your life.

CALL NUMBER: YA 152.4 MCNA

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### First Job 101: A Teen Guide to Employment

by Nicholas Suivski

From writing a cover letter to preparing for interviews, getting a first job can be a challenge. Learn practical steps and strategies for landing that first job and building a lifelong career.

CALL NUMBER: YA 650.14 SUIV



### Teen Guide to Starting a Business

by Gail Snyder

What does it take to start a business? First, it takes the right person. Next, it takes the right business. Then, it takes a lot of hard work--in the planning and preparation and in the execution and follow-through. Learn all about starting a business, with added insights from owners of businesses small and large.

CALL NUMBER: YA 658.11 SNYD



### Money for Adulthood: Fun Tips and Financial Tricks for Teens

by Michelle Hung

You don't have to work on Wall Street to know that money is important. Learn to handle it responsibly with this guide to money skills that makes managing money more fun from saving, investing, and more, with tips on getting the most out of everything you earn.

CALL NUMBER: YA 332.024 HUNG



### Managing your Money by Jane Bingham & Holly Bathie

This down-to-earth guide is filled with practical advice on everything from how to budget and be a smart shopper to student loans, mortgages and insurance. An essential book for equipping young people with the skills they need to manage their money now and in the future. Includes links to websites with more tips and advice.

CALL NUMBER: YA 332.4 BING